

ANCHOR POINT SENIOR CENTER
NOVEMBER 2025 NEWSLETTER



APSCI BOARD MEMBERS
PRESIDENT BOBBY NESS
SENIOR VICE PRESIDENT LOREN MYHILL
JUNIOR VICE PRESIDENT JOLYANE SOPLANDA
TREASURER SUSIE MYHILL
SECRETARY MARY PERRY
DIRECTOR CAROL SLAVIK
DIRECTOR DAVE MATTHEWS
DIRECTOR TERESA SELLERS
DIRECTOR MAUREEN TRACY
ALTERNATE DEBBIE CARPENTER
ALTERNATE JOHN HARRIS
ALTERNATE SUE LOVELAND

JOIN US FOR A MONTH OF FUN!

November 2025

NOVEMBER BIRTHDAYS



Charlotte Harris	11/1
Barry White	11/1
Teresa Hurley	11/4
Torvald Hansen	11/11
Scott VanHoozer	11/11
Ernest Suoja	11/13
Larry Baldozier	11/14
Gary Baldozier	11/14
Debbie Brown	11/14
Lisa Houston	11/14
Mike Lunenschloss	11/19
Allen Jorgensen	11/24
Mary Jo Kirchner	11/27
Debra Leisek	11/28
Aurora Merritt	11/29
Karen Carpenter	11/30
Bonnie Tesar	11/30

New Events In November

At the Anchor Point Senior Center

~~Every Monday in November

Games and Conversations 1-3

Stop by for coffee, conversations and games
Pinochle, card games, chess and etc.

~~Wednesday November 5th

Art Class 1:30-4 pm

Diamond Dot Art \$5 PP

Stop by to reserve your spot, limited spaces

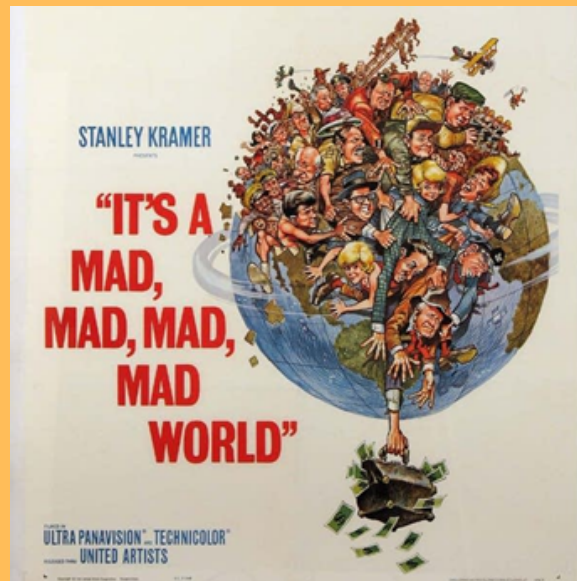


~~Wednesday November 12th

Movie Mornings – Starts at 12:30 pm

Movie: It's A Mad Mad Mad Mad World

Concessions Served





4			7	2		9	6	1
				8				
3			9		6		5	8
1	3	4	8		9		2	
				5	4	6	1	
5	6		3			8	9	4
6	4		5			1		
2	5				7			
		1	4			5	3	6



Recipe of the Month

Simple Pumpkin Muffins (or Pumpkin Bread)

Ingredients (12 muffins or 1 loaf):

1 ¾ cups all-purpose flour

1 cup sugar

1 tsp baking soda

½ tsp baking powder

½ tsp salt

1 tsp cinnamon

½ tsp nutmeg

½ tsp ginger (optional)

2 eggs

1 cup canned pumpkin

½ cup oil (or melted butter)

⅓ cup water

1 tsp vanilla

Optional: ½ cup nuts or raisins

Instructions:

Preheat oven to 350°F. Grease muffin tin or loaf pan.

Mix dry ingredients in one bowl.

Mix wet ingredients in another bowl.

Combine gently.

Bake muffins 20–25 min (loaf 50–60 min).

Cool slightly & enjoy!



Tip: These freeze well and taste great warmed up with coffee or tea!

NOVEMBER

W E P E F J E N V D T W X L M
Z O D I A B D O L K J O K R Y
F S C J L E A V E S F B X I A
B G M P L D R E H A D N T G M
N N F A I A A M C Q V F L N C
I I W L Y L P B D N K A U I O
B F F F R P G E U M A M F V M
H F T R R I A R K W R I K I A
X U U I E X S E I P E L N G Y
D T R E B H F P G M Z Y A S F
S S K N N Z V T Q Y S Q H K L
D V E D A H K S S N M I T N O
U L Y S R U I H N M U T U A W
Y Q J E C Z D I N N E R T H E
Q W S N I K P M U P F C Z T R

NOVEMBER

THANKFUL

YAMS

PARADE

PILGRIMS

LEAVES

PIES

DINNER

CRANBERRY

FALL

PUMPKINS

FAMILY

THANKSGIVING

TURKEY

STUFFING

AUTUMN

MAYFLOWER

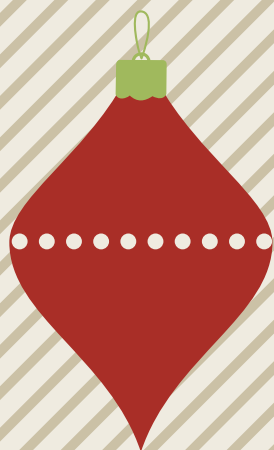
FRIENDS



**NOVEMBER
22ND**

10AM TO 3PM

CHAPMAN SCHOOL - ANCHOR POINT



WELCOME TO **HOLIDAY BAZAAR**

HANDMADE ITEMS FROM LOCAL ARTISTS & MORE! YOU'LL BE SURE TO FIND SOMETHING FOR EVERYONE ON YOUR LIST!!



QUESTIONS? CALL ANCHOR POINT SENIOR CENTER 907-235-7786

A chalkboard-style menu for the Ap Senior Center Thursday Lunch. The menu lists three dates: NOV 6, NOV 13, and NOV 20, each with a set of food items. The background is decorated with various food-related illustrations in chalk-like colors. The text is written in a mix of bold, colorful fonts (orange, pink, yellow, and teal) that resemble chalk. The food items are listed in a simple, clear font. The overall theme is autumn and Thanksgiving, as evidenced by the date NOV 20 and the food items like ham, potatoes, and cranberry relish.

Ap Senior Center Thursday Lunch

Call & order yours!!

907-235-7786

Served 12pm - 2pm

\$12 per lunch

NOV 6

BLT Sando
Macaroni Salad
Canned Pears
Brownie

NOV 13

Meatloaf
Potatoes
Yellow Cake

NOV 20

Thanksgiving Meal
Ham, Potatoes, rolls, desserts, stuffing, veggie,
cranberry relish

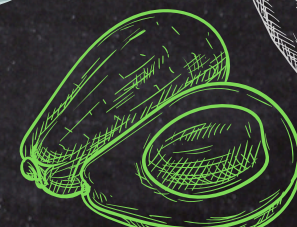
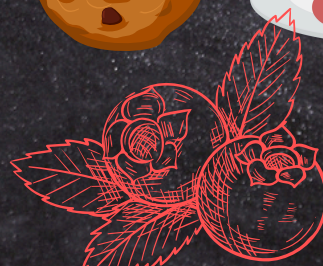
907-235-7786

\$12 per lunch

BLT Sando
Macaroni Salad
Canned Pears
Brownie

Meatloaf Potatoes Yellow Cake

Thanksgiving Meal
Ham, Potatoes, rolls, desserts, stuffing, veggie,
cranberry relish



2025

NOVEMBER



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSD

FRIDAY

SATURDAY

1 Helping Hands 11-3

3
Chair Yoga 10:30-11:30
Walkers 10
Coffee & Games 12-4

4
HH Workday 10-1
Mah Jongg 12-4

5
Helping Hands 11-3
Flu Shot Clinic 10-1:30
Chair Yoga 10:30-11:30
Walkers 10am
Art 1:30-4

6
Lunch 12-2 BLT Sando, macaroni
salad, pears, brownie

7
HH Workday 10-1
Chair Yoga 10:30-11:30

8 Helping Hands 11-3
Quilters

BINGO

10
Chair Yoga 10:30-11:30
Walkers 10
Coffee & Games 12-4

11
Closed
Veterans Day

12
Helping Hands 11-3
Chair Yoga 10:30-11:30
Walkers 10am
Movie 12:30

13
ILC Medicare Appt Day

Lunch 12-2 - Meatloaf, potatoes,
yellow cake

14
HH Workday 10-1
Chair Yoga 10:30-11:30
BINGO

15 Helping Hands 11-3

17
Chair Yoga 10:30-11:30
Walkers 10
Games & Coffee 12-4

18
HH Workday 10-1
BOD 11
Mah Jongg 12:30-4

19
Helping Hands 11-3
Chair Yoga 10:30-11:30
Walkers 10am

20
Thanksgiving Meal 12-2 - Ham
dinner with sides and desserts.

21
HH Workday 10-1
Chair Yoga 10:30-11:30
BINGO

22 Helping Hands 11-3
Quilters

23
24
Chair Yoga 10:30-11:30
Walkers 10
Coffee & Games 12-4

25
HH Workday 10-1
Mah Jongg 12-4

26 **Helping Hands Closed**
Chair Yoga 10:30-11:30
Walkers 10am

27
CLOSED
Thanksgiving

28
CLOSED

29 Helping Hands 11-3

Anchor Point Senior Center
72750 Milo Fritz /
PO Box 438
Anchor Point AK 99556



November

A decorative branch with orange and yellow leaves extends from the left side of the word "November". To the right of the word, there are several autumn leaves in shades of orange and yellow, along with two brown acorns.